

# BEST Shooting & Footwork Course – Unity Christian



**SHOOTING SCHOOL**  
**WWW.BEST-BASKETBALL.COM**

**The Midwest Leader in Shot and Footwork Fundamentals**

**Over 3 decades and more than 100,000 students!**

Basketball's Effective Shot Training instructs, evaluates, and develops players at all levels in the shooting fundamentals of basketball, utilizing individual attention from qualified instructors. While improving and correcting each student's shot and footwork, BEST teaches players through our proven method of stroke break-down drills and footwork drills. Students will learn to train at game-speed, so they are confident, mentally strong, and more successful in competition.

**Boys in grades 9-12 in the 2025/2026 school year:**

**Dates: May 28, June 4, 11, 18, 25 & July 2**

**Times: 6:45 am – 7:30 am**

**Where: HS Auxiliary Gym**

**Fee – \$85**

**Students must register through the  
Unity Christian School website!!**

*“During my several years as a student of the BEST shooting program, I learned how to train at game-speed, how to pay attention to detail, and how to never get bored with the basics. The fundamental habits and developed skills I absorbed from BEST propelled me to play Division 1 basketball, as well as coach at the highest level.”*

*—Brittni Donaldson, Assistant Coach and Director of Coaching Analytics, Detroit Pistons*