## MOC-FV SMALL GROUP SHOOTING WORKOUTS



The Midwest Leader in Shot and Footwork Fundamentals

Over 30 years of experience and more than 100,000 students!

Girls & Boys - Grades 9-12 in the 2024/2025 school year.

May through August dates and times to be determined by a coach notification.

Multiple 60-minute sessions throughout the summer.

Where: HS gym

Fee – \$15 per session walk in fee (make check out to BEST, Inc. or cash)

## **TESTIMONIALS**

The little details learned and developed in BEST Shooting School has made a huge impact in our basketball program. BEST offers knowledgeable instruction that passionately teach valuable shooting techniques resulting in improved game shooting performance. My own children have been involved with BEST since 1996. I am amazed at the continual improvement in the program and the passionate instruction given. My children have benefited both in shooting skill and understanding how excellence in life is attained. There is no doubt that I would choose BEST over any other basketball developmental program. A summer of BEST instruction results in significant shooting improvement. BJ Mulder's BEST Shooting School is the BEST! — Loren De Jong, MOC-FV High School Head Boys Basketball Coach

Northwestern Basketball utilizes BEST each year. The fundamentals taught in and through BEST are outstanding. BEST's footwork, technique reminders, and attention to detail are tremendous. We love to utilize BEST to help our players and our coaches get better at getting better. — *Kris Korver (NW College Head Men's BB Coach)*